



## Global Medicine

Monique Martin, D.O., Integrative Internist

### Welcome to Global Medicine, our Integrative Medicine clinic!

Thank you for contacting our center. We know you have an active interest in your health and we look forward to working with you and helping you reach your health goals. Dr. Martin specializes in helping where others cannot. As an Integrative Medicine specialist she holistically blends conventional medicine with alternative medical modalities and philosophy. In 2002, she completed a two-year fellowship in Integrative Medicine at the University of Arizona with Dr. Andrew Weil. She maintains her board certifications in Integrative Medicine and Internal Medicine and regularly attends conferences and workshops in Functional and Integrative Medicine to stay abreast on new developments in the field.

Please be aware that Dr. Martin does **not** participate with any Insurance, Medicare or Medicaid. You will be given a copy of your charges so that you may submit these to your insurance carrier for out-of-network reimbursement. Please check with Medicare to see if they allow you to submit charges from visits with an opted-out physician. Please make a copy of your receipt for your records. Requests for additional copies usually result in a charge. **Appointment fees are based on time spent with Dr. Martin.** The charge is \$530 for 85 minutes, \$350 for 55 minutes, and \$220 for 30 minutes. Dr. Martin requires a new appointment to be between 55 and 85 minutes long. Please be aware that more time spent with you means more time to understand your issues and create a plan.

We are located 4 blocks west of Broadway, between Broadway and Santa Fe on the North side of Belleview Ave. There is a "Global Medicine" sign at the front of our building, and parking is available on the East side.

### Appointment Reminder

You are scheduled to see Dr. Martin on: \_\_\_\_\_

#### Please remember to:

- Complete the enclosed forms and bring them with you on the day of your appointment along with your insurance card (to have on file for labs ordered).
- Please bring copies of any relevant chart notes, lab results or other reports with you. Also please bring a complete list (or pictures of the bottles) of medications and supplements you are taking including dosage and how you are taking them.
- If you would like your blood levels checked for sugar or cholesterol, please **drink plenty of water prior to your appointment** and come fasting (**NO food or beverage other than water for 12 hours**).
- **Do not** take any supplements the day of your appointment, but **please DO take your medications**.
- If you need to cancel or reschedule your appointment, please call no later than 48 business hours before your appointment to insure a refund of your \$150 deposit. Please understand that last minute cancellations are difficult to fill due to the planning that is necessary for these lengthy visits.
- For new patients, you will be scheduled for a 30 minute pre-appointment with Dr. Martin's assistant to review your information, get vital signs and some preliminary testing. Follow-up appointments necessitate a 15 minute pre-appointment with the assistant.

Please call us at **303-762-7206** if you have any questions.